

## How Can I Trust God When I Feel Hopeless?

### David & Goliath

**KEY** Consider where your hope is, and what it would look like to transfer your hope to God.

1 Samuel 17:1-4

1 The Philistines gathered their army together for war. They came to Sokoh in Judah. They set up camp at Ephes Dammim. It was between Sokoh and Azekah. 2 Saul and the army of Israel gathered together. They camped in the Valley of Elah. They lined up their men to fight against the Philistines.

3 The Philistine army was camped on one hill. Israel's army was on another. The valley was between them.

4 A mighty hero named Goliath came out of the Philistine camp. He was from Gath. He was more than nine feet tall.

### PHILISTINES

1 Samuel 17:8-11 (NIRV)

8 Goliath stood there and shouted to the soldiers of Israel. He said, "Why do you come out and line up for battle? I'm a Philistine. You are servants of Saul. Choose one of your men. Have him come down and face me. 9 If he's able to fight and kill me, we'll become your slaves. But if I win and kill him, you will become our slaves and serve us." 10 Goliath continued, "This day I dare the soldiers of Israel to send a man down to fight against me." 11 Saul and the whole army of Israel heard what the Philistine said. They were terrified.

1 Samuel 17:16 (NIRV)

16 Every morning and evening Goliath came forward and stood there. He did it for 40 days.

*What do you do when you feel hopeless?*

1 Samuel 17:32 (NIRV)

32 David said to Saul, "Don't let anyone lose hope because of that Philistine. I'll go out and fight him."

*Have you lost hope?*

Psalms 42:11 (NIRV)

11 Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

*Two truths about hope...*

1. WE PLACE OUR HOPE IN \_\_\_\_\_ WE DEPEND ON.

2. WE PLACE OUR HOPE IN \_\_\_\_\_ WE DEPEND ON.

1 Samuel 17:48-51 (NIRV)

48 As the Philistine moved closer to attack him, David ran quickly to the battle line to meet him. 49 He reached into his bag. He took out a stone. He put it in his sling. He slung it at Goliath. The stone hit him on the forehead and sank into it. He fell to the ground on his face.

50 So David won the fight against Goliath with a sling and a stone. He struck down the Philistine and killed him. He did it without even using a sword.

51 David ran and stood over him. He picked up Goliath's sword and cut off his head with it.

The Philistines saw that their hero was dead. So they turned around and ran away.

Psalms 25: 1, 5 (NIRV)

1 In you, Lord my God, I put my trust.

5 I put my hope in you all day long.